

Neurologic Music Therapy Services of Arizona

NMTSA has provided the greater Phoenix area with nationally-recognized, evidence-based treatment for a variety of neurological impairments since 1982 and continues to remain dedicated to providing unique and dynamic programs, education, and collaborations for individuals with disabilities.

For more information about services available at NMTSA, contact us at info@nmtsa.org or on the web at www.nmtsa.org



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Neurologic Music Therapy Services of Arizona

Professional Mentorship & Consultation Program



Program Descriptions

Mentorship

Mentorship opportunities are available for professionals who are seeking additional knowledge and support in relation to NMTSA's philosophy or the clinical application of Neurologic Music Therapy. Mentorships can be short or long term and can be adapted for individuals or teams. Goals are defined by the individual or group seeking mentorship. Content and format will be individualized based on specific needs, but can consist of session observations and meetings with Neurologic Music Therapists. Continuing education credits (CMTE) can be obtained through a non-standardized self-study through the Certification Board for Music Therapists (See CBMT Recertification Handbook for more information).

Consultation

If you are interested in seeking support for your current practice, but do not require a long-term mentorship, consultation may be a valuable option for you. This can consist of a one time in person, phone, or video chat meeting, or an on-site visit. Additionally as part of a consultation, you will receive follow up communication as you are implementing what was discussed.

Mentorship and Consultation Goals May Include:

- Learn how to implement the NMT model in your current music therapy practice
- How to receive reimbursement for NMT services
- Gain insight on how to use NMT techniques with a specific population(s)
- Learn more about how to use sensory strategies or total communication to enhance NMT practice
- Jumpstart your new NMT practice

Application Form

Name _____ Place of Employment _____

Y N I am a Neurologic Music Therapist. If yes, year achieved _____

Y N I am an NMT Fellow. If yes, year completed _____

Program for which you are applying _____ Preferred date(s) for program _____

Y N I would like to apply for continuing education credit

I understand and agree to the following (please initial):

___ I will provide detailed goals and outlined areas of interest at least 2 weeks prior to my site visit or scheduled event

___ I will provide a deposit towards the program at least 2 weeks prior to the site visit or event and will provide the remainder of the amount upon arrival

___ I agree to abide by HIPPA rules and regulations while on site at NMTSA (on site only)

___ I agree to notify NMTSA of any changes in schedule at least 48 hours in advance

___ I understand that participation in any NMTSA programs is not considered a replacement for formal NMT institute or fellowship training provided by the Academy of Neurologic Music Therapy. My participation in this program is not an endorsement of my treatment, and I may not in any way represent myself as endorsed or trained by NMTSA. I understand that NMTSA takes no responsibility for the treatment I provide following participation in this program and I am solely responsible for the correct application of NMT and other techniques and my understanding of such.

I hereby agree to the above statements and financial responsibility to participate in this program.

Signature _____ Date _____

Print Name _____ Phone # _____

Mailing Address _____

Email Address _____

Selecting a Program

Defining Your Needs

In order to determine the mentorship and consultation program that is most appropriate for you, it will be helpful to clearly define your needs. Items to consider include the number of participants, your desired timeframe, and the goal you are looking to accomplish. This should direct you to a specific program area.

Questions for Consideration

- Am I a *group* or *individual*?
- Am I seeking *continuing education credits*?
- Is this a *short* or *long-term* need?
- Do I want feedback and *supervision* on my current practice?
- Am I seeking *hands on learning* and continuing education?
- Am I looking for a *one-time meeting* for consultation on a specific situation, aspect of practice, or business development?

For more information or assistance in choosing a program tailored to your needs, please contact Julie Renato, MM, MT-BC, NMT at jrenato@nmtsa.org or 602-385-2663 ext.1.

Applying for your Program

In order to apply for one of NMTSA's mentorship or consultation programs, please complete the application on the following page and attach your goals. If you have any additional questions regarding the different programs, please contact NMTSA for more information.

1. Complete application form
2. Attach goals
3. Mail to 2702 N 3rd St, Suite 1000, Phoenix, AZ 85004
or email to jrenato@nmtsa.org
4. NMTSA will contact you upon receipt of your application

Program Descriptions

Training

When seeking education for a team of individuals, there are different training opportunities available. These opportunities are for those seeking more information about NMTSA's philosophy, accommodations for working with individuals with special needs, as well as those seeking Neurologic Music Therapy expertise. Training can be administered on a variety of topics for teams in a workshop format. For more of a comprehensive training experience, NMTSA can also assist with program development and modification. This includes training staff and helping to implement new concepts and practices.

Training Topic Areas May Include:

- How to utilize rhythm as a supportive technique in the classroom
- Further education on the Neurologic Music Therapy model
- A collaborative model between Neurologic Music Therapists, Instructional Assistants, Teachers, and therapy professionals
- Implementing sensory and total communication strategies in your school/clinic program

Supervision

Opportunities are also available for neurologic music therapy supervision. This is an opportunity if supervision is not available at your current place of employment, or you are specifically seeking supervision regarding Neurologic Music Therapy practice. This can again be formatted for an individual or a small group. Supervision is also available in a peer group format when a group of individuals from the community express a shared interest in learning more about NMT and seeking support for their practice.

Clinical Supervision Focus May Include:

- Workshopping a specific client, population, or situation
- Seeking feedback on execution of NMT techniques
- Receiving feedback prior to NMT Fellowship

**1–3 DAY MENTORSHIP**

Individual or team up to 3

Price: \$200 per day

**1–2 WEEK MENTORSHIP**Individual or team up to 3; full time 5-8 hr;
part time 2-4 hrPrice: \$600 per week / full time
\$400 per week / part time**LONG TERM MENTORSHIP**Commit to at least 1 day per week for at least 3
weeks; max 3 months

Price: \$100 per day

**MUSIC THERAPY CONSULTATION**1 hr meeting (in person, skype, phone, chat); up to
3 follow-up emails; indiv or team up to 3

Price: \$100 per hour

**ON-SITE MUSIC THERAPY CONSULTATION**On-site visit; up to 3 follow up emails;
written summary

Price: \$225

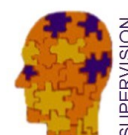
**WORKSHOPS**

Variety of topics; designed for teams

Price: \$150 per hour

**PROGRAM DEVELOPMENT**Meeting time; team workshop time; site visit;
written report for extra fee

Price: \$150 per hour

**INDIVIDUAL SUPERVISION**

In person or skype

Price: \$100 per hour

**GROUP SUPERVISION**

Up to 5 people

Price: \$150 per hour

**PEER SUPERVISION**

1x / quarter; sign up on website

Price: \$10 per person